

Keading

Working better with you

Borough Council

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TGOGC TGOGyms

3-11

Email: info@tgogc.com

You GreatOutdoorGym

Website: www.tgogc.com

W@TGO_Outdoor Gyms



- Smart Energy Hand Bike
- Leg Press/Bench 2.
- Lat Pull Down/Shoulder Press 3.
- Double Pull Up Bars
- Dips/Leg Raise 5.
- Recumbent Bike 6.
- Spinning Bike
- Cross Trainer 8.
- Rig 9.
- 10. Floor graphics
- 11. Welcome Sign

Smart Energy Hand Bike Charge your device and send data to the dashboard.

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Floor graphics-compass for a full body workout



Cross Trainer



Recumbent Bike



Lat Pull Down/Shoulder Press

Coley Recreation Ground - Overview

Activating your community sustainably.

Cross Trainer, Spinning Bike and Recumbent Bike

Did you know? Our gyms are inclusive for all ages and abilities.

Rig